

# Introduction

Sustenance Tracker is an extension for the Fantasy Grounds VTT.

This extension is available on the Fantasy Grounds Forge at

<https://forge.fantasygrounds.com/shop/items/428/view>

This extension adds a section to the character sheet actions tab which allows tracking consumption of food/drink. Sustenance Tracker is designed and only works with the D&D 5E ruleset.

D&D 5E SRD rules for Food and Water: [https://www.dandwiki.com/wiki/5e\\_SRD:Food\\_and\\_Water](https://www.dandwiki.com/wiki/5e_SRD:Food_and_Water)

The screenshot shows the Sustenance Tracker interface within the Fantasy Grounds VTT character sheet. The interface is titled "NAME" and "INSP" (Inspiration). The character's name is "Tester234". Below the name is a "WEAPONS" section with a sword icon and a "+2" bonus. The "Sustenance" section tracks food and water consumption. It includes four input fields: "Lbs Food Carried" (0), "Lbs Food Eaten" (0), "Gallons Carried" (0), and "Gallons Drank" (1). Each field has a corresponding "+" and "-" button for adjustment. The interface also features a sidebar with tabs for "Main", "Skills", "Abilities", "Inventory", "Notes", "Log", and "Actions". At the bottom, there are buttons for "Mode" (Standard), "Display", and "Group", along with icons for a key, a star, and a pencil.

NAME	INSP
Tester234	000

  

WEAPONS
+2

  

Sustenance	
<input type="radio"/> 0 Lbs Food Carried	<input type="radio"/> 0 Lbs Food Eaten
<input type="radio"/> 0 Gallons Carried	<input type="radio"/> 1 Gallons Drank

## Support

For support with this or any other of mattekures extensions, you can reach me on the rob2e discord. Join me in the **#mattekure-stuff** channel.

<https://discord.gg/rob2e>

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